

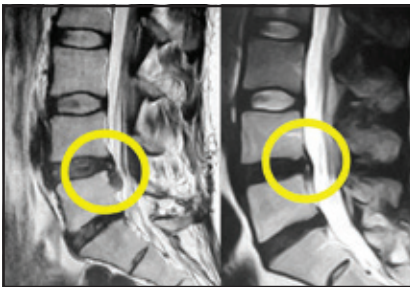
Case Study

#3

A 42-year-old female school teacher presented with severe low back pain radiating into her right leg. The severity of symptoms had her wheelchair bound. Surgical history included a discectomy at L5/S1 two years prior. Physical examination revealed signs of discogenic pain. MRI revealed a disc prolapse at L4-L5. The patient wanted to avoid another surgery at all costs due to the extended recovery associated with the last operation.

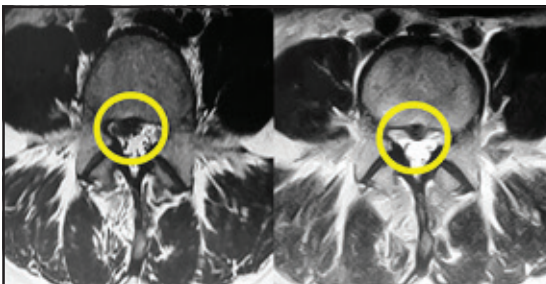
Results

Non-surgical axial spinal decompression with physiotherapy was deemed to be the best alternative. She was able to walk without assistance from the wheelchair after 4-5 sessions. The pain indices improved from a complaint of 9 out of 10 to no pain by the 10th session. She returned to a full duty work after 12 sessions. Full recovery occurred within 24 sessions.



Summary

Spinal decompression therapy is a viable alternative for patients that are unable or do not wish to undergo surgery. Prior surgical intervention does not contraindicate treatment.



The precision of the HillDT software and gentle pulling allows for effective treatment and an astonishing result.

Case study authored by Hani Azzouni, MD